

## oErasmus Days 2020

**Title: USER-DRIVEN TRAINING PROGRAMS FOR ENHANCING OLDER ADULTS AND CAREGIVERS' DIGITAL COMPETENCES**

**Organized by: ERMAT E+ project**

**Hosted by: AUTH Medical Physics Laboratory**

**Date: 15/10/2020, 10-12 CEST**

Time : Thursday, 15th October 2020, 10.00-12.00 Central Europe Time

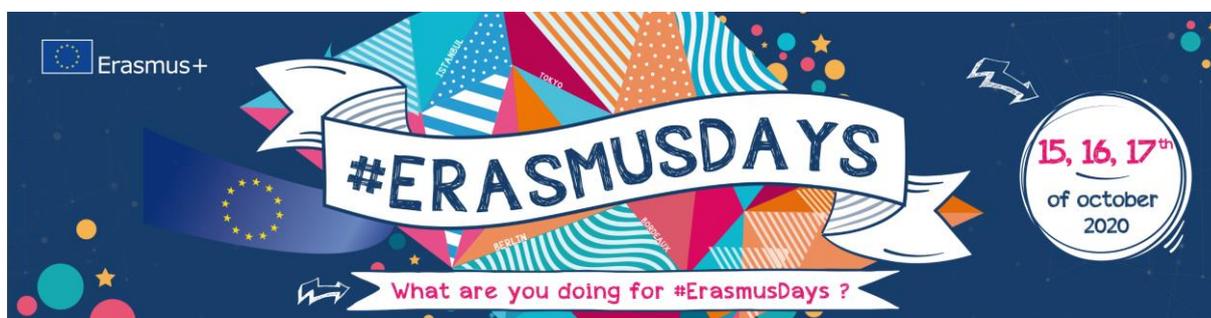
Join Online: <https://global.gotomeeting.com/join/485598557>

**General Moderator:** Antonis Billis (AUTH Medical Physics Lab, PostDoc Researcher)

**Technical Support:** Despoina Petsani (AUTH Medical Physics Lab, Research Associate)

## Agenda

Time	Agenda item
10.00-10.10	Opening – Welcome
10.10-10.20	<b>Building, strengthening and spreading knowledge, capacity and alliances through a cluster of Erasmus+ projects</b> Panagiotis Bamidis – <i>Professor of Medical Physics, Medical Informatics, Medical Education, AUTH School of Medicine</i>
10.20-10.35	<b>An overview of the ERMAT Erasmus+ project and its foreseen impact for elderly with reduced mobility</b> Oana Cramariuc – <i>ERMAT E+ project Coordinator, IT Center for Science and Technology</i>
10.35-10.50	<b>ArtZheimer - Development of a training program for improving quality of life of persons with Alzheimer and other dementias through innovative creative arts therapies supported by digital tools (AD-ARTS)</b> Sole Corachan – <i>AD-ARTS E+ Coordinator, Asociación de Familiares de Enfermos de Alzheimer de Valencia</i> David Krivec - <i>Spominčica – Alzheimer Slovenija</i>
10.50-11.05	<b>Col Summers Project - Development of A Training Program for Enhancing Sustainable Collaborative Consumption in Elder Persons</b> Carol López Dolz - <i>Coordinator COL SUMMERS Project - AVACU Projects Cabinet</i>



11.05-11.20	Participatory design & validation of an innovative training program to maintain Autonomy of older adults with Alzheimer's Disease Despoina Mantziari – Research Associate, AUTH Medical Physics Lab
11.20-11.35	Educational and Lifelong Learning Initiatives for empowering community: the importance of sustainability Ioanna Dratsiou – Research Associate, AUTH Medical Physics Lab
11.35-11.50	Wrap-Up - Interactive session on Exploitation Avenues
11.55-12.00	Closing

\*This event is organized under an initiative of ERMAT Erasmus+ Project (Contract No. 2019-1-RO-01-KA204-063947) and it is supported by AD-ARTS, AD-AUTONOMY and COL SUMMERS Erasmus+ projects.

Hosted by:



Medical Physics Laboratory, School of Medicine  
Aristotle University of Thessaloniki



Thessaloniki Active & Healthy Ageing Living Lab