

**1<sup>ST</sup> SKG LIVE**

**SHOULDER SURGERY COURSE**

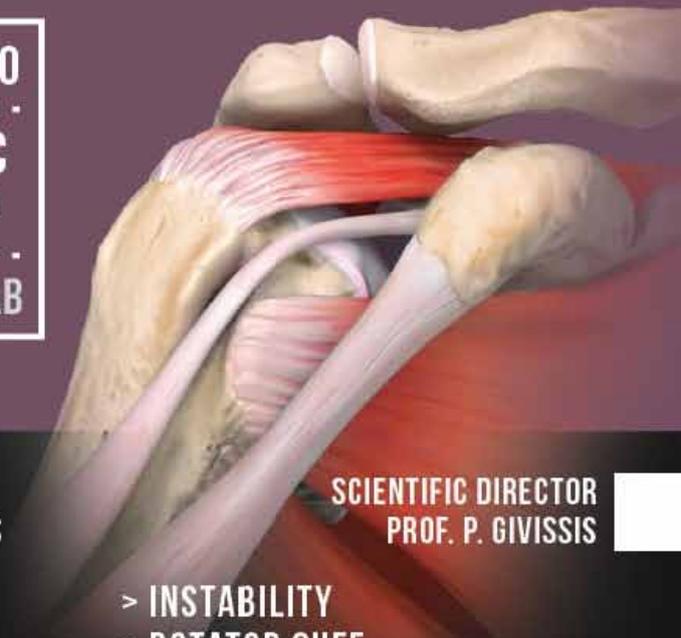
**JANUARY 9-10, 2020, THESSALONIKI**

**A' ORTHOPAEDIC UNIVERSITY DPT/ PAPANIKOLAOU HOSPITAL**

**JANUARY 11, 2020**

**CADAVERIC  
WORKSHOP**

**MUNICH-ARTHROLAB**



**COURSE CHAIRMAN:  
DR CHRISTOS SINOPIDIS**

**SCIENTIFIC DIRECTOR  
PROF. P. GIVISSIS**

- > LIVE SURGERY
- > LECTURES
- > CASE PRESENTATIONS
- > INSTABILITY
- > ROTATOR CUFF
- > SCR

**SHOULDER ULTRASOUND SESSION  
HANDS ON/ SURGICAL CORRELATION  
DR E. DRAKONAKI**



ΑΡΙΣΤΟΤΕΛΕΙΟ  
ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΟΝΙΚΗΣ



**COSTAS A. PAPAELLINAS (HELLAS) S.A.**  
[www.costasapaellinas.gr](http://www.costasapaellinas.gr)

**FINAL PROGRAM**

### Course Chairman

#### Dr Chris Sinopidis, MD, PhD

Consultant Orthopaedic Surgeon, European Interbalkan Center, A Orthopaedic University Department, Papanikolaou Hospital, Thessaloniki, Greece

### Scientific Director

#### Prof Panayotis Givissis

Professor and Clinical Director, A Orthopaedic University Department, Papanikolaou Hospital, Thessaloniki, Greece

### Course Faculty

#### Dr Demosthenes Alaseirlis

Consultant Orthopaedic Surgeon, A Orthopaedic University Department, Thessaloniki, Greece

#### Dr Manos Antonogiannakis

Consultant Orthopaedic Surgeon, Ygeia Hospital, Athens, Greece

#### Dr Antonia Bintoudi, MD, PhD

MSK Consultant, Radiology Department, Papageorgiou General Hospital, Thessaloniki Greece

#### Dr Dionisios P. Chissas, MD, PhD

Consultant Orthopaedic Surgeon, Director of Orthopaedic Dept, Metropolitan Hospital, Athens

#### Dr Elena Drakonaki, MD, PhD, ESSRDip

Consultant Radiologist, Heraklion, Crete, Greece

#### Dr Emmanuel Fandridis

Consultant Orthopaedic Surgeon, KAT Hospital, Athens, Greece

#### Dr Chris Patsalidis

Consultant Orthopaedic Surgeon, Ygeia Polyclinic, Limassol, Cyprus

#### Dr Evangelos Perdikakis, MD, MSc, PhD

Senior Consultant Radiologist, 424 GMTH Military Hospital, Thessaloniki, Greece

### Course Objectives

- Aim of the course is for the delegates to discuss and attend treatment of shoulder Sports injuries and pathologic conditions through Arthroscopic Live Surgery demonstration.
  - They will be taught the principles of Shoulder Ultrasound as a diagnostic tool and have the chance to perform themselves during the Musculoskeletal Ultrasound Workshop.
  - They will perform Arthroscopic and open surgery of the shoulder at the cadaveric workshop that will take place in Munich Arthrolab. There will be two delegates per working station. This will significantly help to improve surgical skills.
- A.** During the **1st SKG Live Shoulder Surgery Course** the following topics will be discussed and demonstrated during the Live Surgery Sessions:
- Arthroscopic Surgery of the Shoulder (positioning-portals-instrumentation)
  - Biceps tenodesis
  - Rotator Cuff Repair (single row - double row)
  - Superior Capsular Reconstruction
  - Shoulder Stabilisation (labral repair – knotless)
  - Arthroscopic Remplissage Procedure
  - Latarjet Procedure
  - Arthroscopic Bone Block Procedure
- B.** During the **Shoulder Ultrasound Session** there will be demonstration by experienced Musculoskeletal Radiologists of the Dynamic Ultrasound of the Shoulder. The delegates will be able on a workshop manner to perform Dynamic ultrasound under the direct Supervision of the faculty. Also on the following day during the live surgery session the delegates will be able to directly correlate their ultrasound findings with the surgical findings on the operated patients.
- C.** **Cadaveric Workshop** will take place at **Munich Arthrolab** (<https://www.arthrex.com/link/asset/FKig4euoJUGaPAFROKhhnA>)
- There will be 2 (two) delegates per cadaveric working station** and will perform all the arthroscopic and open procedures of the shoulder under the supervision of the faculty. There will be available all the Arthrex equipment and implants including shoulder arthroplasty as well.

## Final Program

### Thursday 9th January 2020

08.50 – 09.00 Welcome, **C Sinopidis & P Givissis**

#### SESSION A

Moderators: **E Antonogiannakis, D Chissas**

09.00 – 09.15 Lecture/Arthroscopic Rotator Cuff Repair, **C Patsalides**

09.15 – 11.00 Live Surgery/Superior Capsular Reconstruction,  
**C Sinopidis/ D Alaseirlis**

11.00 – 11.30 COFFEE BREAK

#### SESSION B

Moderators: **E Antonogiannakis, C Patsalides**

11.30 – 11.45 Lecture/ACJ injuries- Arthroscopic Treatment, **D Chissas**

11.45 – 12.00 Lecture/SCR Indications-Results, **C Sinopidis**

12.00 – 14.00 Live Surgery/ Arthroscopic Assisted LatDorsi Transfer,  
**E Fandridis/ D Alaseirlis**

14.00 – 14.30 LUNCH BREAK

#### SESSION C - ΔΥΝΑΜΙΚΟ ΥΠΕΡΗΧΟΓΡΑΦΗΜΑ ΩΜΟΥ

Moderators: **E Drakonaki, C Sinopidis**

14.30 – 14.50 Lecture/ Τεχνική εξέτασης και φυσιολογικά Ευρήματα,  
**A Bintoudi**

14.50 – 15.10 Lecture/Υπερηχογραφική διάγνωση παθολογίας  
στροφικού πετάλου, **E Perdikakis**

15.10 – 15.30 Lecture/Υπερηχογραφικά καθοδηγούμενες επεμβατικές  
πράξεις στον Ωμο, **E Drakonaki**

#### SESSION D - WORKSHOP

15.30 – 17.00 Δυναμικό Υπερηχογράφημα Ωμου - Hands On

Faculty: **E Drakonaki, A Bintoudi, E Perdikakis**

### Friday 10th January 2020

#### SESSION E

Moderators: **E Fandridis, D Chissas**

09.00 – 09.15 Lecture/ Shoulder Instability, from labrum  
to bone defects, **E Antonogiannakis**

09.15 – 11.00 Live Surgery/ Shoulder Instability- multiple lesions,  
**C Sinopidis, C Patsalides**

11.00 – 11.30 COFFEE BREAK

#### SESSION F

Moderators: **E Fandridis, C Sinopidis**

11.30 – 11.45 Lecture/Tendon Transfers, **E Fandridis**

11.45 – 13.30 Live Surgery/Arthroscopic Stabilisation,  
Complex Instability, **E Antonogiannakis, D Alaseirlis**

13.30 CLOSURE

**Saturday 11th January 2020**

09.00 – 17.00 Munich Arthrolab - Cadaveric Workshop

Faculty: **E Antonogiannakis, D Chissas, E Fandridis, P Givissis  
C Patsalides, C Sinopidis**

**Participation Form**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

AFFILIATION: \_\_\_\_\_

HOSPITAL: \_\_\_\_\_ COUNTRY: \_\_\_\_\_

PHONE No: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

A. SHOULDER SURGERY COURSE (no registration fee)

B. MUSCULOSKELETAL ULTRASOUND WORKSHOP (no registration fee)

C. CADAVERIC WORKSHOP\*

\*Cost:

The registration fee for Cadaveric Workshop is 500€ + VAT = 620€

**Registration includes:**

- Live Shoulder Surgery and Shoulder Ultrasound Session (9 & 10 January)
- Certificate of Attendance
- Cadaveric Workshop in Munich-Arthrolab (11 January)
- One night accommodation in a BB hotel in Munich

PAYMENT METHOD: \_\_\_\_\_

• Bank Transfer  
Please complete and send the participation form by e-mail along with the Bank account receipt to the Congress Secretariat

**ALPHA BANK**, IBAN: **GR0501401940194002330000040** BIC/Swift: **CRBAGRAA**  
Name: **V. VOURAZERIS & SIA G.P.**

• Credit Card  
Please complete and send the participation form to the Congress Secretariat in order to receive by e-mail the credit card authorisation form



DATE

SIGNATURE



ΑΡΙΣΤΟΤΕΛΕΙΟ  
ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΟΝΙΚΗΣ



Α' ΟΡΘΟΠΑΙΔΙΚΗ ΚΛΙΝΙΚΗ ΑΠΘ  
ΤΟΜΟΣ ΝΕΟΥΚΑΜΑΚΟΥ ΘΕΣΣΑΛΟΝΙΚΗΣ 57 01 ΤΗΛΕΦΩΝΟ



GE  
Healthcare



COSTAS A. PAPAELLINAS (HELLAS) S.A.  
[www.costaspapaellinas.gr](http://www.costaspapaellinas.gr)

### Secretariat:

*VitaCongress* V. Vourazeris & Co

4 Papdiamantopoulou str. & Vas. Sofias, 115 28 Athens, Greece

tel.: +30 2107254360-1 fax: +30 2107254363

web: [www.vitacongress.gr](http://www.vitacongress.gr) • e-mail: [info@vitacongress.gr](mailto:info@vitacongress.gr)